

IDM Best Practices

www.idmbestpractices.ca

for health promotion, public health & population health

Monthly Features

For Any Kind of Best Practices Approach:

Reflections on personal opinions or experiences... People Profiles...
Jottings by the Editor... Resource of the Month...

Annotated General Resources

Descriptions and Links for:

Assessment of Evidence Sources... Databases... Journals & Bulletins...
Organizations... Best Practices Around the World... & More...

IDM (Interactive Domain Model) Resources

Complete Set of IDM Documents & Tools (see list attached):

Coaches' Road Map with learning modules... Manual with in-depth details...
Computer Program... Peer-reviewed article... & More...

IDM Information

All About the IDM Best Practices Approach:

Explanations of the Model and Framework... FAQs... Terminology...
Suggested Guiding Principles and Criteria... & More...

contributions welcome — write a
reflection, suggest a resource!

**for more information contact website editor Barbara Kahan
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IDM Resources on IDM Best Practices Website

www.idmbestpractices.ca

IDM Manual: A Guide to the Interactive Domain Model (IDM) Best Practices Approach to Better Health

Basics, Evidence Framework, Research & Evaluation, Reports, Using the Framework, Suggested Guidelines. (Kahan, B., & Goodstadt, M., 2005 (3rd edition), Centre for Health Promotion, University of Toronto)

IDM Best Practices Road Map for Coaches

11 modules with 34 exercises to familiarize participants with IDM concepts and produce a first draft of the Framework. (Kahan, B., & Goodstadt, M., 2005, 2nd edition)

The Interactive Domain Model of Best Practices in Health Promotion

Peer-reviewed article with background to, and explanation of, the IDM. (Kahan, B., & Goodstadt, M., 2001, *Health Promotion Practice*, 2(1), 43-67)

IDM Computer Program (2.12a)

Assistance to work through the IDM Framework. Includes information and “help” features. (Kahan, B., & Goodstadt, M., 2001)

Interactive Domain Model (IDM)/Modèle des domaines interactifs (MDI)

A set of informational slides which includes a detailed time line of the IDM/MDI's development. (Kahan, B., Fontaine, C., Schultz, P., & Goodstadt, M., 2005)

Tools to increase consistency between practice and other domains

An IDM Logic Model, worksheet and check-in forms. (Kahan, B. & Goodstadt, M., 2004)

Pilot Testing the Best Practices in Health Promotion Framework

Description and discussion of pilot testing the IDM with three Ontario sites. (Kahan, B., & Goodstadt, M., 2000, Centre for Health Promotion, University of Toronto)

Workshopping a best practices approach to health

Examples from IDM workshops. (Goodstadt, M., & Kahan, B., 2000, *The Best Practices: Quality and Effectiveness of Health Promotion 4th European IUHPE Conference*, Helsinki & Tallinn)

Best Practices in Health Promotion: A scan of needs and capacities in Ontario

Results from a survey and scan of Ontario practitioners. (Kahan, B., Goodstadt, M., & Rajkumar, E., 1999, Centre for Health Promotion, University of Toronto.)

An Exploration of Best Practices in Health Promotion

Description of results from the Best Practices Work Group. (Kahan, B., & Goodstadt, M., 1998, *Health Promotion in Canada*, 34(4), 9-11)

Note: for French-language IDM resources, go to www.opc.on.ca/francais/nosprogrammes/centre/projets/meilleurespratiques.htm